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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Monday, August 18, 2025

Particle vs Wave

Is the physical body particle, crystalline body particle and wave, and light body wave?

ChatGPT said:

You're asking about different concepts of the "body" and their relation to particles and waves, which touches on metaphysics, physics, and spiritual traditions. Let's unpack each one:

1. Physical Body → Particle

The physical body is made of atoms and molecules — fundamentally, particles.

In physics (especially quantum mechanics), these particles also behave like waves, but we usually treat the physical body as "solid" and "particle-based" because of its tangible, measurable nature.

So yes: the physical body can be viewed primarily as particle (in classical terms), though quantum physics says those particles have wave-like behavior.

2. Crystalline Body → Particle and Wave

The crystalline body is not a standard scientific term, but is often used in spiritual, metaphysical, or esoteric traditions.

It refers to a subtle energy body that is more ordered, like a crystal — possibly meaning higher vibrational, more coherent than the physical body.

In this context, it's often described as both particle and wave: particle for its structure/order, and wave for its energy/vibrational nature.

So, the crystalline body is often thought of as both particle and wave, symbolizing a bridge between dense matter and pure energy.

3. Light Body → Wave

The light body is a spiritual concept found in traditions like Tibetan Buddhism (rainbow body), New Age spirituality, and some yogic philosophies.

It's often considered pure energy, light, or consciousness — with little or no physical mass.

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Chris Comish

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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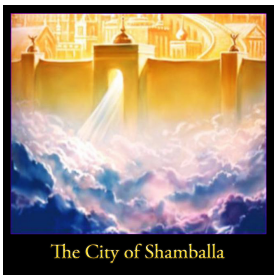

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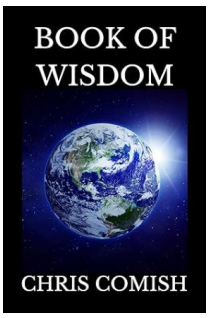

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In physics, light is a wave-particle duality, but when people refer to the "light body," they usually emphasize its wave or vibrational nature, not material substance.

So the light body is typically seen as primarily wave — energetic, vibrational, and transcendent.

Summary Table

Body Type	Particle	Wave	Notes
Physical Body	✓	✓ (quantum level)	Solid, tangible matter
Crystalline Body	✓	✓	Subtle, ordered energy body
Light Body	✕ (minimal or none)	✓	Pure energy/consciousness

- August 18, 2025

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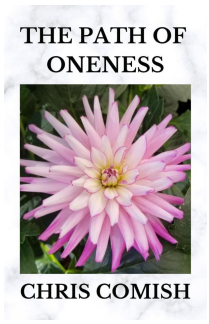

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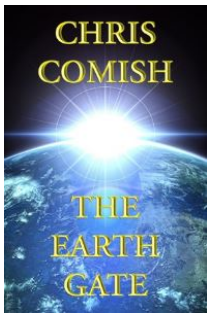

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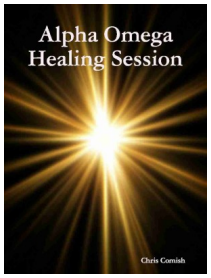

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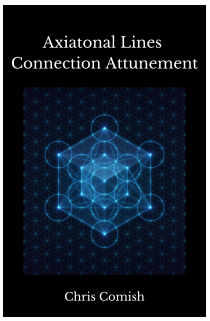

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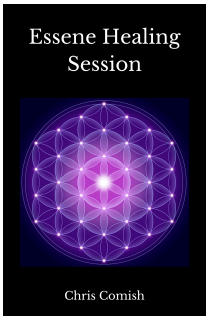

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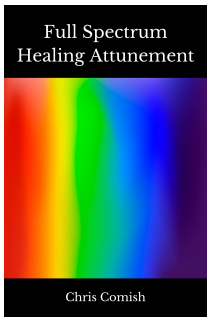

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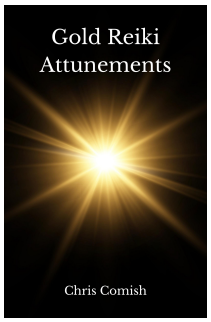

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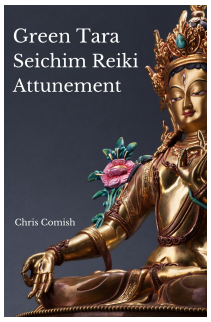

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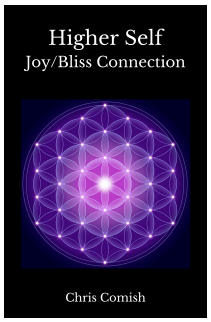

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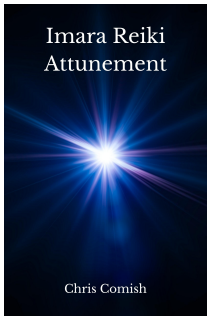

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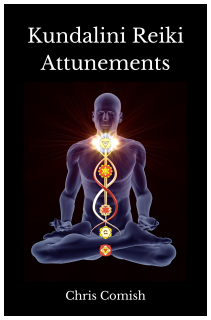

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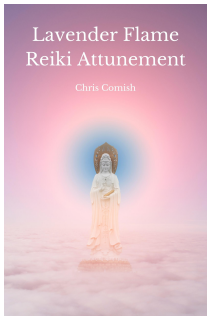

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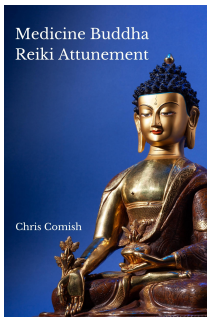

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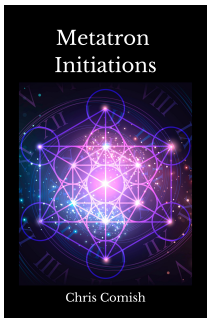

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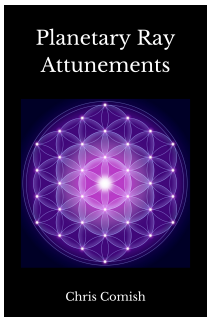

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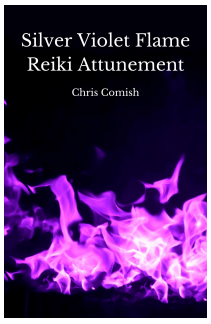

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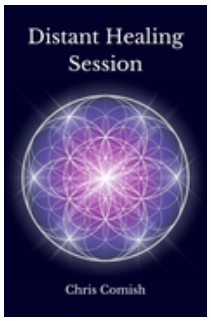

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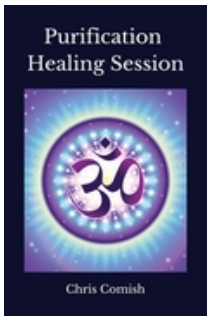

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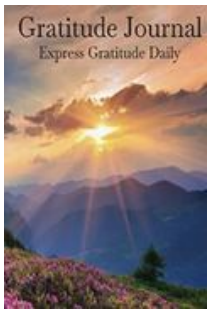

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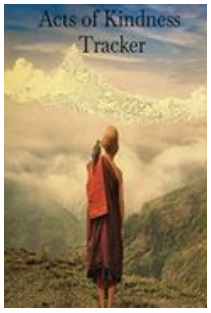

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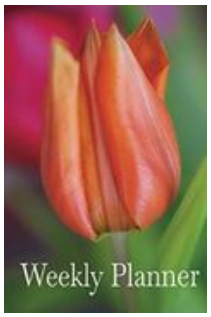

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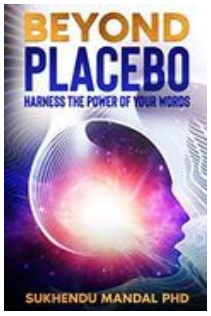

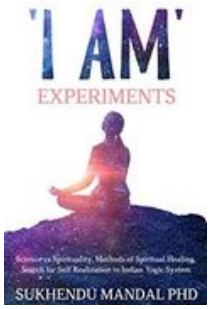

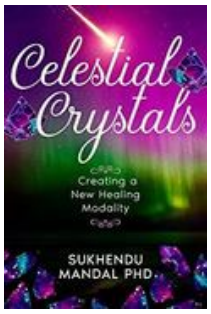

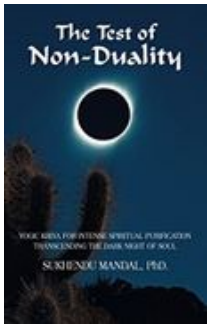

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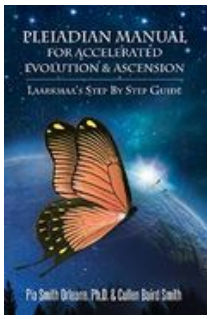

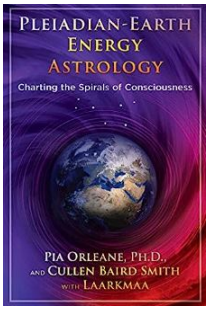
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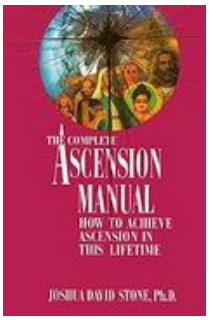
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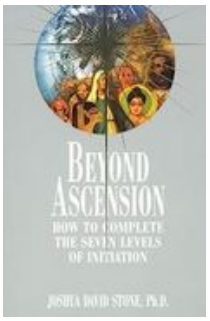
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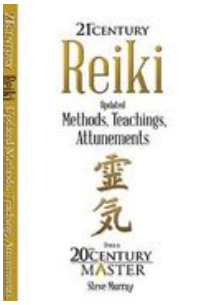
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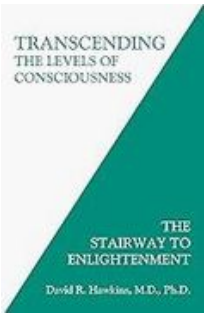
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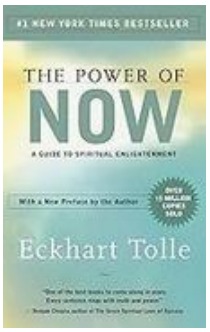
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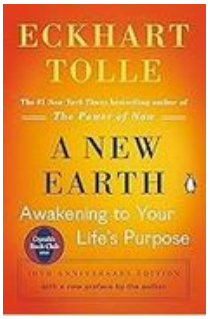
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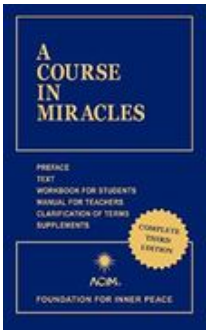
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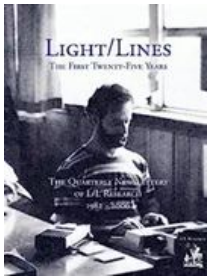
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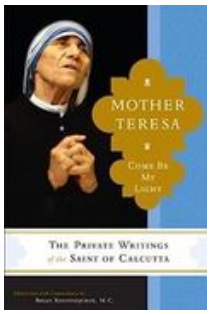
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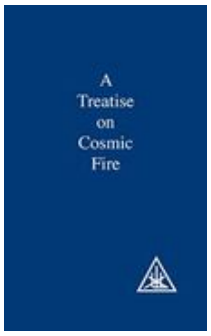
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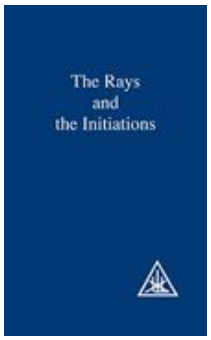
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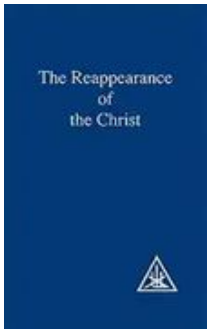
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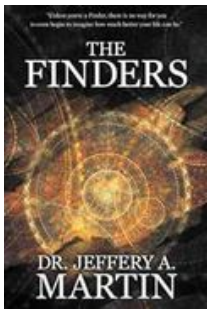
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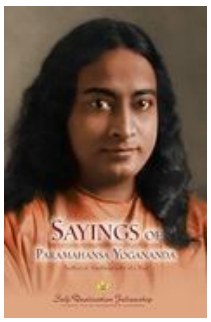
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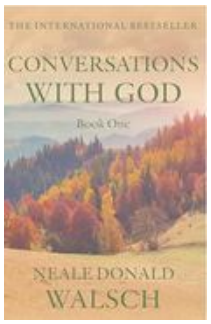
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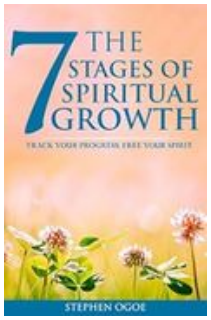
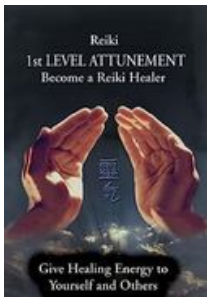
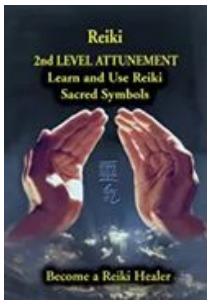
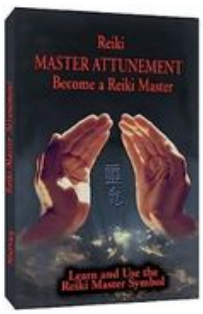
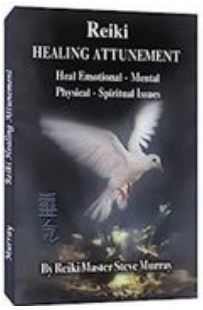


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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